

NIKOL ROGERS



MEET *NIKOL*

NIKOL has helped hundreds of people around the world become whole, and cultivate inner power so that they can connect better to themselves and live in harmony with the world around them. Through her **ZENRED METHOD**, she teaches you how to re-frame how you think, feel, and act from a place of power, rather than from fear or limiting beliefs. Nikol has increasingly become an in-demand speaker on confidence, and having a powerful presence. Her energetic and inspiring talks transform the audience into a state of empowerment, getting them up on their feet, and giving each person actionable tools they apply immediately and get results in their lives.

SPEAKING TOPICS + EXPERTISE

TOPIC 1 | POWERFUL PRESENCE:

Do you secretly desire to be confident, but don't know how? In today's saturated and noisy market, it takes having a "Powerful Presence." to stand out from the crowd. Learn how to access unstoppable confidence, silence your inner critic, and stand powerfully in your uniqueness.

TOPIC 2 | HOW TO LAY BOUNDARIES WITH GRACE:

Do you struggle with saying No? Are you exhausted from overgiving and have no energy left for what matters most in your work and life? Learn the powerful process of saying no with ease so you can finally reclaim your life and your peace.

TOPIC 3 | THE AUDIENCE LOOP:

Do you suffer from stage fright? When you get in front of your audience to speak or perform, do your palms sweat and your voice get lodged in your throat? After performing for 20 years on stages across the world, the way to captivate a crowd is to understand what your audience actually wants. Learn the ultimate checklist to "wow" your audience every time and have them coming back for more.



Featured SPEAKING ENGAGEMENTS



Club 101

CONNECT WITH *Nikol*

PLEASE CONTACT FOR A CUSTOMIZED PRESENTATION

WWW.NIKOLROGERS.COM

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